

# Recipes

## Cheesy Baked Potato Boats with Beans & Corn

Serves: 4

Prep Time: 10 minutes

Cook Time: 1 hour (bake time)

### Ingredients:

- 4 Large baking potatoes
- 400g Tinned baked beans
- 150g Sweetcorn (drained)
- 100g Grated cheddar cheese
- 2 Spring onions (sliced)
- 1 tsp Olive oil

### Method:

Preheat the oven to 200°C. Prick the potatoes and rub with oil and a little salt. Bake for about 1 hour until fluffy. Halve and scoop out some of the centre into a bowl. Mix the potato flesh with beans, sweetcorn, half the cheese, and spring onion. Fill the skins with the mix, top with the remaining cheese, and return to the oven for 10 minutes to melt and bubble.

### Tips:

- Add leftover chicken or tuna to the mix for extra protein.
- Serve with a side of steamed broccoli or salad.

